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Editor's Welcome

Richard Field

Vikas Khanduja, Parminder Singh, Giles Stafford (Assistant Editors)

Welcome to ISHANEWS. This is our first edition and I would like to express my thanks to all our contributors. In July, we emailed all ISHA members (assuming that we have your correct email address) with a request to complete an online questionnaire. Over 140 ISHA members responded. The information that you gave us has enabled us to compile our register of Fellowship opportunities (page 25), the Meeting and Conferences that you may like to pencil into your diaries (page 16) and update you on the news of your fellow members (page 29).

As you will be aware, ISHA needs to raise funds to support Fellowships, Research and Education. Joe McCarthy has initiated a number of fund raising projects and we are also starting the ISHA holiday home auction. We are most grateful to the ISHA members who have kindly offered a week's

use of their holiday homes (page 11). These vacation opportunities will be auctioned during the ISHA meeting and the funds that are raised will be used to support ISHA Fellowships, Education and Research. Please bid generously for this cause. Victor Ilizaliturri will become our next President and has given us an insight into his vision for ISHA's future. Richard Villar has laid out a strategy for creating structured education in Hip Arthroscopy. Rodrigo Mardones has validated the use of outcome scoring systems for the Spanish speaking community and Parminder Singh has shared his insights into the value of Hip Arthroscopy Fellowships.

Finally, many thanks to Vikas Khanduja and Giles Stafford for helping to construct and edit ISHANEWS. We hope that you enjoy it.

Presidents Report

Tom Sampson

James Glick and I developed the Lateral Approach in 1984 to create a reliable and reproducible method to enter the central compartment of the hip. In the early days, hip arthroscopy was not supported by industry, so we used scopes and instruments created for use in knee arthroscopy. During the 1st decade, few surgeons were interested in the subject, and hip arthroscopy courses were poorly attended. Rarely did an article appear in peer reviewed journals, and we were the step children when our chapters were included in text books.

Fast forward to 2012. As a result of including FAI as an indication circa 2001, the interest has exploded, and most residencies and fellowships in sports include hip arthroscopy.

As I come to the end of my term as your ISHA President and think about the year, I have attempted to keep our group together and continue the attitude that we are ALL FRIENDS. We suffered a few bumps in the road with the foundation of our organization on planning future

meetings and our website, which have all been remedied. I have traveled to 4 continents to teach and encourage memberships. We now have a strong tie to the Arthroscopy Journal as an added benefit to members. Our membership continues to grow with more than 260, and the attendance at our annual meeting this year in Boston should be the best ever with more time for podium presentations, instructional courses breakouts, scientific exhibits and ISHA and industry sponsored hands on labs.

Your board continues to be cohesive and strong. On Monday, after the annual meeting, we will have a retreat to plan and solidify the future structure and foundation of ISHA. We also will start to create ways for fund raising similar to other organizations that we all belong to, to create financial security for our organizations future.

I continue to be excited about ISHA and the thrill of seeing you at the meetings and your enthusiasm for research and development in our field.

Warmest regards to all, Tom

ISHA in 2013

Victor Ilizaliturri

ISHA has come a long way since its inception, in Paris, France, back in May 2008. In comparison to other societies, we are in our infancy but our future is being built on a solid foundation that was carefully constructed by our first presidents and officers. Even though we are very young, we have a rich history that predates the birth of our society. Due to its international nature, the history of ISHA is the history of hip arthroscopy. This legacy brings great responsibility for the Board of Directors and the Presidential line.

It is a great honor for me to serve as the President of ISHA for the cycle of 2012 – 2013. I am greatly encouraged by the early successes of our organization and we undoubtedly owe a great debt of gratitude to our founders and leaders for these achievements. In order to remain successful and serve our membership I believe that there are several key areas of development that need to be addressed during my Presidency and those of my successors.

Our first objective will be to expand ISHA's membership. Continuing membership growth is an indicator of quality in any specialty medical society. We must achieve this growth without compromising the high professional standards demanded by our constitution. This growth should be handled with responsibility by closely following the membership requirements stated at our constitution.

When ISHA was founded, most of the pioneers of hip arthroscopy became the first members and gave life to our society. Many of our founding members are also leading educators in the field of hip arthroscopy. In consequence, our membership has grown internationally through integration of former fellows and trainees. Today, ISHA has to identify the fellowships and training programs, around the world, that produce the best training so that future surgeons can take the

field of hip arthroscopy forwards. Our society must inspire the new generation of surgeons to become the next generation of innovators and leaders.

The same strategy should be followed for research. To maintain our Annual Meeting as Hip Arthroscopy's premiere research event we must ensure that our members and future members are able to present their experience in an environment of peer reviewed scientific discussion and friendship.

ISHA's involvement in conferences should not be limited to our Annual Meeting. ISHA should provide collaboration and certification both for meetings dedicated to hip arthroscopy and to more general meetings with specific sections dedicated to our field. One of the key responsibilities of the President in Office should be to establish and increase the collaboration with other societies.

Education is also one of the most important aspects in our mission. Through our First President, Richard Villar, ISHA is committed to provide an Education Model for Hip Arthroscopy, designed to make education in hip arthroscopy a reproducible and measurable technique. I am fully committed to this project.

A strategy is needed for ISHA's mid and long term development. Joe McCarthy and Tom Sampson identified this need and the Executive Board is now employing an external consultant to help develop our growth plan. We look forward to updating you on progress at our 2012 Annual Meeting.

I want to thank the membership and commit to work to the best of my ability in benefit of our beloved ISHA.

Thank you

Victor M. Ilizaliturri Jr., MD

The ISHA ethos

Thierry Boyer

ISHA is a scientific society which includes surgeons passionate by a technique: hip arthroscopy. This technique is difficult and requires a long curving line.

In many English speaking countries, hip arthroscopy has grown rapidly. However, in many countries, hip arthroscopy is still performed, (as in France), by a very small number of specialists.

At the first ISHA congress (New York 2009) Bob Bully had to change the conference venue because there were too much delegates for the original venue. This success was repeated in Cancun the following year. The 2011 Congress in Paris attracted over

300 delegates from 32 countries. Globally, hip arthroscopy is only performed by a small number of surgeons. But, they are so passionate about this innovative and promising technique that they are ready to cross the world to attend our annual meeting. Each year brings technical improvements, and new directions.

Investigation and treatment of extra-articular lesions, tendons and nerves are topics of growing importance. It is now time for long-term evaluation of the treatments and there is no doubt that hip arthroscopy has a bright future. We are already looking forward to meeting you in Boston, this October, for new adventures.

The ISHA Website

Allston Stubbs

2012 Media Committee Update

ISHA has formed a Media Committee to optimize our communications, improve our outreach initiatives, and lead with networking technologies. The ISHA society web page www.isha.net was moved to a temporary, but more secure server environment in early 2012, thus ensuring a stable Internet presence. The ISHA meetings web page www.ishameetings.net has been used to consolidate ISHA's meeting functions in a more dynamic space over the last three years. Future plans are to find a more permanent webhost and server location for the www.isha.net website with a meeting and membership management functionality. This website update would allow membership updating and dues payments on the Society's primary webpage rather than on third party websites.

The Media Committee plans to utilize its technologies to develop educational and research

outreach initiatives with other standing committees such as Education, Editorials, and Research. Hip arthroscopy training initiatives with end-level certification, literature updates, and hip arthroscopy outcomes will be coordinated with the Media Committee to ensure timely communication with the membership.

We expect that international networking will continue to be a primary focus of the Society. The Media Committee will continue to utilize a variety of emerging "social media" technologies such as Twitter (@ishanet), Facebook, and the Skype to connect the membership on a timely basis.

Finally, please send us your ideas. We are keen to incorporate new features that will enhance the ISHA website and make it ever more useful to our members.

Changes to the ISHA Constitution

Rodrigo Mardones

Just a quick note to update you on the work that the ISHA board is undertaking to develop our society's constitution and by laws. ISHA is a young, successful and a rapidly growing society and we have become aware of a number of areas where changes are needed to develop our constitution.

Firstly, ISHA is growing internationally and this creates opportunities for increasing participation of our members, at all the levels of the society's activities. At the same time, being a young organization we still need experienced people to manage our activities, articulate the society's objectives and its aspirations going forwards. In order to achieve this balance the ISHA board has charged me, as a by laws secretary, to review our constitution and bylaws. This process is taking longer than we initially anticipated and the delay simply reflects our determination to ensure that all changes are appropriate, broadly agreed and presented with clarity to help ISHA's future development.

The main changes that you will see in our by-laws result from a formal division of our board of directors. The ISHA Board of directors will be divided in two groups, the Executive and the General Board.

The Executive board will comprise the Immediate Past President, the President, The President elect, Vice president, General Secretary, Treasurer and

the Conference Secretary. This group will work to advise and support our President on the day-to-day administration of the society. As a relatively small group, it will be easier for these individuals to maintain close and regular contact and work together on ISHA's ongoing activities.

The Executive board will also interact with the General board and, through them, with the new ISHA committees.

The General Board will comprise the By-laws,, Membership, Financial, Editorial, Communication, Research, and Educational directors. This board will also include other non-portfolio directors. The General board members will each establish committees to support their activities. Ordinary ISHA members will have the opportunity to be invited to join the committees so if you would like to be more involved in the organisation and administration of ISHA's activities please make contact with a board member to see how you could help.

Finally, please attend our next annual members meeting during the ISHA 2012 meeting. The society will be electing new board members and voting on the proposals for our new bylaws/ constitution.

My very best regards to all of our members

Developing a web based registry for HA

Giancarlo Polesello

The ISHA Research secretary is establishing a committee to create a web based platform to provide some research tools for use by the society's members. Examples include the facility to access ISHA accepted outcomes

and run a registry. Furthermore, we plan to enable our members to use the tools to undertake collaborative scientific research and to share information about results from many sources.

Membership report

Michael Dienst

Awaited

ISHA Finances

Hassan Sadri

Dear all as the ISHA treasurer I have the pleasure to summarize our financial health. ISHA started over 4 years ago with enthusiastic founding members and has grown rapidly ever since. Our major revenue sources in order of importance are:

- 1- our membership dues
- 2- meeting profits
- 3- sponsors.

ISHA has to date 27-8-2012:
 In cash 17014 swiss francs
 In cash 83744 us dollars

Dues held by the Boston organizing meeting MCJ:
 109'234 us dollars

The costs of our meetings are highly variable but have always been over 100 000 us dollars.

Both the New York and the Cancun meetings have been profitable. However the Paris meeting made a loss of 20 000 us dollars.

It is essential that our revenues grow and be diversified to reduce the risk for our new society. We are thus going to set up a charity to help with education travel and fellowships and we need contributions from grateful patients.

To date we have gradually built up a sound financial structure. However this needs to be strengthened and diversified in the future.

Introducing the ISHA Secretary

Diane De Saab

Diane de Saab took over membership secretary activities for ISHA in May 2012. She currently shares her time between a private Swiss clinic in Lausanne, which includes a thriving orthopaedic service, coordinating the medical needs of overseas patients and the ISHA head office in Geneva, reporting directly to Michael Dienst MD (ISHA membership secretary) and Hassan Sadri MD (ISHA treasurer). She is progressively taking on the management of the ISHA database and

any members (or prospective members) with questions regarding their membership status, fee renewals or who simply wish to update their contact details (new postings, addresses and emails) should feel free to contact her on : secretary@isha.net. She will similarly happily pass on any other issues to the ISHA member concerned (e.g. technical problems with login, subscription questions etc).

Teaching Hip Arthroscopy

Richard Villar

Within the rapidly expanding world of hip arthroscopy there are many points of agreement, a few of disagreement, but one issue is universally supported. Hip arthroscopy can be difficult.

Of course, if a procedure is difficult, so problems can arise, results can be poor, and complications can follow. With such troubles the reputation and image of a technique can suffer as can the reputation and image of those who undertake it. In the early days of the procedure training in hip arthroscopy simply did not exist. It was a matter of taking an arthroscope in one hand, a patient in the other, offering some form of mumbled informed consent and doing the best possible. The world of orthopaedic surgery has changed since then. Patients are rightly more demanding, a lawyer lurks in every doorway, and professional bodies demand that we register and record our results. Meanwhile orthopaedic companies around the world compete hard to join the hip arthroscopy bandwagon. Courses are created, certificates printed, and slowly the number of surgeons ostensibly trained in the procedure expands. But wait a minute. Let us have a look at many of those courses and ask if they truly deliver what they say? On detailed inspection, few deliver anything approaching a comprehensive training. For many, the targets they set are simply unrealistic. How appropriate is it, for example, that a novice surgeon should attend a one-day course in hip arthroscopic surgery and by the end of that single day have been permitted to detach and reattach a labrum? He, or she, then goes away clutching a certificate and the next stop is a living patient. Oh dear.

There is, however, a way out of this dilemma - structured training for both students and their trainers. For the past 12 months we have been trying this in the UK, for the delegates at least; the trainers will follow. Before starting we approached a number of established hip arthroscopic surgeons from around the world and asked them to stratify the huge diversity of hip arthroscopic procedures on the basis of complexity. Grade I was the simplest and encompassed procedures such as gaining access, excising a chondral flap, maybe removing a loose body. Grade IV was the other extreme. Here could be found sciatic neurolysis, ligamentum reconstruction, even labral grafting. However, by the end of this investigation it was possible to place the majority of known hip arthroscopic procedures into an order of difficulty

and from there to develop a series of instructional courses of gradually increasing complexity. That is where we are placed at present and I am delighted to report that all is progressing well.

The principles are simple. There are three levels of course, Level I (basic), Level II (intermediate), and Level III (advanced). In practice we leave out the terms basic, intermediate and advanced in order to cater for the irrepressible orthopaedic ego. As a delegate advances along the training sequence, so the courses become more practical and less theoretical and the instructor input reduces as the delegate becomes more independent. There are criteria for entry to each level and signed certificates are not issued at the end of a course until the delegate has satisfied the instructors that he is able to adequately perform the chosen procedures. It is impossible to attend a Level III course before a Level II, or a Level II before a Level I. Furthermore, a Level I course is now a two-day event and all delegates are taught both supine and lateral approaches, irrespective of what their final choice will be. Indeed the first day of a Level I course is dedicated entirely to portals of access. Only on day two will basic operative techniques commence. However, by the end of a Level I course a successful delegate can depart the event with a signed certificate and sufficient knowledge to begin their own hip arthroscopic practice. Then, 15 hip arthroscopies later as the primary operator, added to certain other eligibility criteria, a delegate can return for Level II training.

To our delight in UK, this more structured system has been well received by both delegates and instructors. It is time, we believe, to encourage others to join us and help move the process forwards. Space here does not allow a full presentation of precise course content but you will find below a brief outline of the different **levels of** training. Naturally, should you require more detailed information you simply have to ask.

Brothers (and sisters) of the hip arthroscopic world, with training it is time to unite.

Teaching Hip Arthroscopy

Richard Villar

Outline of training levels for hip arthroscopy

Level I

Criterion for attendance:

A desire to undertake hip arthroscopy

Nature of course:

Two-day course

1:2 Faculty:delegate ratio

Outline contents: Initial course taking a delegate from zero experience on arrival to a broad spectrum of easier techniques by the end of day 2. Both supine and lateral approaches are taught, as well as normal anatomy, access to central and peripheral compartments and access to the iliotibial band. 70- and 30-degree arthroscopes are used. The Theory:Practical ratio is 30%:70%.

Examples of lectures and operative techniques include: indications, complications, instrumentation, portals, how to set up in hip arthroscopic practice, post-operative rehabilitation. diagnostic rounds, loose body removal, microfracture, chondroplasty, labral resection, synovectomy, cam excision, acetabular recession, removing a broken guide wire.

Level II

Criteria for entry:

Completion of a Level I course

15 hip arthroscopies as primary operator supported by logbook evidence

Visited a high-throughput hip arthroscopy unit

Evidence of data collection and the use of a recognised hip outcome measure

Nature of course:

One-day course

1:4 Faculty: delegate ratio

Outline contents: There is more than one type of Level II course. Examples might be a specialist FAI course or a specialist periarticular course. The criteria for attendance, however, remain the same. The Theory:Practical ratio is 20%:80%.

Examples of operative techniques include: acetabular recession (direct and perilabral), cam excision, posterior impingement, labral reattachment (from central and peripheral compartments, iliopsoas tenotomy (different levels), ITB lengthening, trochanteric bursectomy, gluteus medius repair, the undistractable hip, removing an os acetabulare.

Level III

Criteria for entry:

Completion of a Level II course

40 hip arthroscopies since attending a Level II course

Nature of course:

One-day course

1:6 Faculty: delegate ratio

Outline contents: This course is for the experienced operator who wishes to develop their knowledge into the highly specialist areas of hip arthroscopic surgery, as well as areas which are up-and-coming. Again there may be more than one type of Level III course. The Theory:Practical ratio is 10%:90%.

Examples of operative techniques include:

reattachment of rectus femoris avulsion, reattachment of hamstring avulsion, sciatic neurolysis, ischiofemoral impingement, pubic symphysectomy, ligamentum teres reconstruction, arthroscopy by the medial approach, internally fixing an os acetabulare.

PROMS - validation and reliability of Spanish Vail-10, Hip Outcome Score and iHOT Scores

Rodrigo Mardones & C Larrain

FAI has been recognized as a common cause of hip pain in young adults and is also proposed to be a cause of osteoarthritis. Arthroscopic treatment of FAI has become the Gold Standard and as the number of procedures increases, it is important to evaluate the outcomes of current interventions.

FAI surgery has become a frequent procedure in our country and a reliable outcome instrument to monitor the results of this surgery, validated in Spanish, would be of great benefit to hip surgeons. Furthermore, it would allow for direct comparisons between different treatments from national and international studies.

Vail-10 is a validated questionnaire, presented at ISHA meetings, developed by Philippon, Briggs et al that combines the questions from Modified Harris Hip Score, Non-arthritic Hip Score and Hip Outcome Score that have shown best validity and responsiveness in patients with FAI, including floor and ceiling effects under 15%.

Hip Outcome Score (HOS) is a self-reported English language questionnaire that was recently developed to assess outcome in patients undergoing hip arthroscopy also translated and validated for the German language.

iHOT is a validated English questionnaire, presented at ISHA meetings, developed by MAHORN group for FAI evaluation.

Validation study:

The English version of each questionnaire was translated into Spanish. Before the main study, the final version of each scale was

tested in 10 consecutive subjects with symptomatic FAI.

The validation study involved more than 100 patients with symptomatic FAI from one center, between November 2010 and May 2012. These subjects answered all the scales. Reliability was tested with intraclass correlation coefficient (ICC). Cronbach alpha was determined to establish internal consistency (>0.75). Convergent and divergent validity were measured to test construct validity (Spearman correlation). In addition, construct validity was tested against a subjective function question assessing how normal was actual activity level. Floor and ceiling effects were calculated according to minimal detectable change ($MDC=SEM \times \sqrt{2 \times 1.9}$) and standard error of measurement (SEM). Finally, feasibility was calculated according to missed items.

Results of the validation study for each score:

The Spanish Vail-10, HOS and iHOT are a reliable and valid tools for the assessment of pain, function and activities in patients with FAI undergoing hip arthroscopy, showing excellent internal consistency and construct validity.

This validated Spanish forms of Vail-10, HOS and iHOT allows us to compare results between our population and English-speaking patients regarding FAI.

The translated questionnaires are now available at ISHA website.

The ISHA 2012 meeting

Joe McCarthy

Dear Colleagues,
The members and Board of the International Society for Hip Arthroscopy (ISHA) are pleased to welcome you to the 2012 ISHA Annual Scientific Meeting in our beautiful and historic city of Boston, Massachusetts. The ISHA Program Committee has developed an exciting and educational academic program to emphasize evidence based medicine, as well as new Surgical developments in Arthroscopic Surgery of the Hip. The ISHA Annual Scientific Meeting provides a unique international forum for the exchange of scientific information and collaboration in an atmosphere of friendship.

This two and a half day scientific meeting includes an assortment of educational opportunities for attendees including a variety of symposia, lectures and paper presentations. In addition, a hands on model lab, electronic posters, small group Surgical demonstrations, technical exhibits and two awards, the Trainee Basic Research Award and the Richard Villar Trainee Excellence in Clinical Research Award, are offered to enhance your experience. We are honored to have Lanny Johnson as our Presidential Guest Speaker, giving his talk "Lessons Experienced during an Arthroscopic Surgical Practice.

In addition a unique opportunity exists to also attend the Harvard 42nd annual course, Advances in Arthroplasty - "Registries in Action: Your Best World-Wide Source of Evidence-Based Orthopaedics for Biological and Prosthetic Solutions". The course will be held from October 2-5, 2012 at the Hyatt Regency Cambridge, 575 Memorial Drive, Cambridge, MA 02139; (Phone: 617-492-1234/800-233-1234; www.cambridge.hyatt.com). Be sure to make your room reservations by September 10.

The Annual Advances in Arthroplasty Course is the longest Continuing Medical Education Course at Harvard Medical School. In keeping

with the outstanding success of the innovative format of last year's program highlighting the use of evidence-based medicine in effectively dealing with challenges in the field, the focus of this year's course will be utilizing the Arthroplasty Registries as the best source of evidence-based medicine in optimizing clinical outcomes and quality of life in patients with hip and knee arthroplasty, as well as early treatment of hip disease in young adults. Integration of clinical expertise from outstanding local, national and international faculty with the best available clinical evidence from research and the national joint arthroplasty registry will be presented to address clinical challenges relevant to everyday practice. These issues include femoroacetabular impingement, sepsis, optimization of DVT prophylaxis, metal-on-metal bearings with edge wear and tribocorrosion, other alternate bearings materials in contemporary use, dislocation, and the use of navigation and emerging implant designs. The program includes the 11th Annual Harris Oration by David Lewallen, MD; keynote addresses; symposia; and the very popular video vignettes and "live surgeries."

For more details and to register for the course, please visit: <http://www.cme.hms.harvard.edu/index.asp?SECTION=CLASSES&ID=00321125&SO=N>.

We hope you take the time to enjoy the historic city of Boston, Massachusetts. Vibrant, influential and one of the most historic cities in the United States, Boston offers visitors a wide depth and breadth of activities to meeting attendees.

The Fourth Annual Scientific Meeting of the International Society for Hip Arthroscopy will be successful as we welcome attendees and delegates ambitious for scientific exchange. We thank you for your participation in the 2012 ISHA Annual Scientific Meeting and hope you enjoy this invaluable experience in Boston.

The Scientific Programme ISHA 2012

Marc Saffran

We have a very exciting program for ISHA 2012, our 4th Annual Meeting. The program has been designed for more interaction and discussion. There will be two panel discussion sections, one on "How Early to Treat FAI" and the other on the "Arthroscopic Treatment of Hip OA".

The meeting will include 6 debates, 5 symposia, and 6 lectures - including the Presidential Guest Speaker, Lanny Johnson, and a Keynote Lecture by William Meyers. Additionally this year, we will have 4 instructional courses as well as model labs.

ISHA 2012 received a record 225 scientific abstract submissions, from which there will

be 45 scientific paper presentations, including the Trainee Awards - both a clinical science and a basic science award.

Many of the hot topics to be covered during the meeting will help identify the role and the limitations of hip arthroscopy. Some of the topics include navigation for hip arthroscopy, the role of femoral and acetabular version, screening of athletes, rehabilitation after hip arthroscopy, articular cartilage management, addressing the labrum, dysplasia and hip arthroscopy, how to teach hip arthroscopy, to name but a few. This should prove to be an exciting meeting.

The ISHA 2012 Holiday Home Auction

During ISHA 2012, further details will be presented on the holiday homes shown in the succeeding pages. We will be circulating a form that will allow you submit your bid for a one week stay at the holiday home of your choice. The forms will be available at various locations around the conference centre.

If you are unable to attend the ISHA annual meeting in Boston, you can go online to submit your bid at:
<https://docs.google.com/spreadsheets/viewform?formkey=dERySjcyQThNUXZkREQ0U0FYbnktRHc6MQ>

Irrespective of whether the highest bid is received on-line or by a paper form, the highest bidder will be contacted to confirm

the authenticity of their bid prior to announcement of the successful bids during the ISHA 2012 meeting.

All funds raised from the ISHA 2012 holiday home auction will be used for ISHA fellowships, education and research.

If you have a holiday home or other item that you would like to be included in the ISHA 2012 holiday home auction please contact me at richardefield@aol.com

PLEASE BID GENEROUSLY
 BID EARLY
 BID OFTEN

The ISHA 2012 Holiday Home Auction

Owner:	John O'Donnell
Location 1:	Falls Creek, Australia
Description:	Located in the Victorian Alps. It is available in summer for mountain hiking, biking, etc, or in winter for skiing.
When available:	As desired
Bedrooms:	2
How many can sleep:	6
Estimated weekly rental:	\$Aus 2500



Owner:	Mariano Perez Yanez
Location 2:	Rapel, Chile
Description:	Golf resort
When available:	By arrangement with owner
Bedrooms:	3
How many can sleep:	6
Estimated weekly rental:	\$600

Owner:	Rodrigo Mardones
Location 3:	Chile
Description:	Lakeside home with golf resort, recently renovated with services
When available:	March 2013
Bedrooms:	5
How many can sleep:	10
Estimated weekly rental:	\$1000



The ISHA 2012 Holiday Home Auction

Owner:	Sanjeev Madan
Location 4:	Derbyshire, UK
Description:	Countryside Gr II listed cottage in the Peak District. Ideal for country walks in this picturesque part of England
When available:	From July 2013
Bedrooms:	2
How many can sleep:	4
Estimated weekly rental:	£600



Owner:	Richard Field
Location 5:	Southern France
Description:	Riverside house in traditional French village in Languedoc region. Not suitable for children under 12.
When available:	As required
Bedrooms:	3
How many can sleep:	6
Estimated weekly rental:	€800



Owner:	Jochen Muller-Stromberg
Location 6:	Berlin Germany
Description:	A well situated flat to explore Germany's first city
When available:	By arrangement with owner
Bedrooms:	2
How many can sleep:	4
Estimated weekly rental:	€1000



The ISHA 2012 Holiday Home Auction

Owner:	Josip N Cakic
Location 7:	Free State, South Africa
Description:	A golf and Trout Estate, in the mountains, three hours drive from Johannesburg
When available:	From July 2013
Bedrooms:	2
How many can sleep:	4
Estimated weekly rental:	€1000



Owner:	Karuppiyah Mahalingam
Location 8:	Salou, Spain
Description:	Popular Spanish beach resort with Universal studios theme park and golf courses
When available:	September to April
Bedrooms:	3
How many can sleep:	6-8
Estimated weekly rental:	€500



Owner:	Robert Klapper
Location 9:	Ventura, California, USA
Description:	Beach Resort near Santa Barbara
When available:	Anytime
Bedrooms:	3
How many can sleep:	6
Estimated weekly rental:	\$1000

The 1st Australian Hip Arthroscopy meeting Lessons learned and tips for organisers

John O'Donnell

The 1st Australian Hip Arthroscopy Meeting was held in Melbourne, Australia on January 19-20, 2012. A total of 210 people attended, including Orthopaedic Surgeons, Sports Doctors, and Physiotherapists.

The Meeting was made possible by very generous sponsorship received from 9 companies, and this allowed us to invite 14 exceptional Overseas Speakers, as well as 11 Australian Surgeons. Although most delegates were local, we also had delegates from New Zealand, Singapore, Japan, China and Europe.

The Meeting very successful, and we are now hoping to hold it every 2nd year at around the same time.

The following tips may be helpful to anyone thinking of arranging their own first meeting.

- It took a lot longer to organise than I expected; about 18 months.
- We had to try to contain costs, so we did not hire a Meeting Organiser. My daughter, with no previous experience, was able to do a great job.
- Hip Arthroscopy surgeons are an incredible group. Every person we asked to come, or contribute was happy to do so. Obviously, coming to Australia is a

massive time commitment. Everyone was extremely supportive.

- Advertising is a key component. We used the ISHA website, the Australian Orthopaedic Association monthly bulletin, direct email to all known HA surgeons in Australia, and flyers distributed by company representatives.
- It would be helpful in the future to share mailing lists. I would be happy to share ours with anyone organising a meeting.
- Most speakers are incapable of keeping to time. Lay down strong rules about length of presentations, or allow a lot of spare time for discussion. I thought that we had done this, but we still frequently ran late. We made up for this with longer lunch breaks, where there was a lot of discussion.
- We found it worked really well combining hip arthroscopy surgeons, therapists, and sports doctors.

Although it was a lot of work, running the Meeting was enormous fun, and extremely worthwhile. I would strongly encourage anyone thinking of doing this to go on and do it!



Left to right, Victor Ilizalitturi, Damian Griffin, and John O'Donnell doing last minute planning for the meeting.

Forthcoming Hip Arthroscopy Meetings

Section 1 - Regular training courses

Course	AANA Masters Experience
Description	The course is organised three times per year, it has cadaver lab training and lectures.
Lead Organiser	Arthroscopy Association of North America
Date	TBA
Location	Chicago
Corse Fee	\$1700
Contact Details	www.aana.org

Course	Richard Vilar School of Hip Arthroscopy Levels 1, 2 & 3
Description	One or two day courses designed to address the skills required by surgeons undertaking Hip Arthroscopy. 3-4 courses per annum
Lead Organiser	Richard Villar
Date	Next course - November 2012
Location	York and London
Corse Fee	£600
Contact Details	tara.poore@smith-nephew.com

Course	Advanced Hip Arthroscopy Cadaveric Course
Description	One day course, Levels 1 + 2 organised through Smith and Nephew. Expect 4 courses in 2013
Lead Organizer	John O'Donnell
Date	email for details of next course
Location	Sydney
Corse Fee	No charge
Contact Details	admin@johnodonnell.com.au

Course	Hip Arthroscopy Course
Description	Hip Hands-on-Workshop, English Speaking Course
Lead Organizer	Dr. Filiep Bataillie & Dr. Alberto Costantini
Date	27 Nov 2012, 5 Mar 2013, 5 Jun 2013, 10 Sep 2013, 9 Nov 2013
Location	Munich
Corse Fee	Contact Arthrex for details
Contact Details	http://www.arthrex.com/education/europeanlabs/index.cfm

Forthcoming Hip Arthroscopy Meetings

Section 2 2012 Courses and Conferences

Course	Barcelona Hip arthroscopy
Description	A two day course for Spanish speaking surgeons
Lead Organiser	Eric Margalet
Date	20 & 21 September
Location	Barcelona
Corse Fee	€600
Contact Details	www.aearthroscopia.com

Course	ISHA Annual Meeting
Description	ISHA Annual Meeting
Lead Organiser	Joe McCarthy & Marc Safran
Date	September 27th-29th
Location	Boston Massachusetts
Corse Fee	See website for details
Contact Details	www.ishameetings.net

Course	5th International Hip Arthroscopy Meeting
Description	<p>This year's course will focus on the technique of hip arthroscopy for the treatment of hyaline cartilage damage and lesions of the acetabular labrum and the management of FAI. Step-by-step guidelines on how to enter the joint and, most importantly, how to work within it will be provided. We expect debates on established techniques and new developments including cartilage transplantedation and labral reconstruction.</p> <p>Again, live arthroscopies with different surgeons from Europe and the United States will be transmitted into the lecture hall. Different techniques of positioning, distraction, portal placement and operative treatment will be presented, provoking constructive discussions in the auditorium.</p>
Lead Organiser	Michael Dienst & Richard Villar
Date	November 16-17
Location	Munich
Corse Fee	Resident/Attending/Private Pract 210/290/350€
Contact Details	www.intercongress.de

Forthcoming Hip Arthroscopy Meetings

Section 2 2012 Courses and Conferences

Course	Sicot Symposium in Hip Arthroscopy
Description	Following a successful symposium on Hip Arthroscopy at the 2011 Sicot meeting in Prague, a panel of experts will present and discuss pertinent issues in Arthroscopic surgery of the Hip. The panel includes Dr. Anil Ranawat from New York, Prof. Fares Haddad from London, Mr. Richard Field from London, Dr. John O'Donnel from Melbourne, Dr. Luis Perz Carro from Santander and Dr. Hatem Said from Egypt.
Lead Organiser	Vikas Khanduja, Cambridge, England
Date	28th November 2012
Location	Dubai, UAE
Corse Fee	See meeting website
Contact Details	http://www.sicot.org/?id_page=605

Course	Richard Villar School of Hip Arthroscopy
Description	Level 2 – Hip Arthroscopy
Lead Organiser	Richard Villar
Date	28th November 2012
Location	York (S&N Teaching Centre)
Corse Fee	£600
Contact Details	tara.poore@smith-nephew.com

Course	Richard Villar School of Hip Arthroscopy
Description	Level 1 – Hip Arthroscopy
Lead Organiser	Richard Villar
Date	29th & 30th November 2012
Location	York (S&N Teaching Centre)
Corse Fee	£600
Contact Details	tara.poore@smith-nephew.com

Forthcoming Hip Arthroscopy Meetings

Section 2 2012 Courses and Conferences

Course	Bonner Hüftarthroskopiekurs
Description	German speaking course
Lead Organiser	Jochen Müller-Stromberg
Date	December 2012
Location	Bonn, Germany
Corse Fee	€600
Contact Details	www.arthroskopiekurs-bonn.de

Course	DePuy Mitek Current Concepts in Hip Arthroscopy
Description	Sports Medicine
Lead Organiser	DePuy Mitek
Date	30th November & 1st December
Location	Henderdon Nevada, USA
Corse Fee	By Invitation
Contact Details	By Invitation

Forthcoming Hip Arthroscopy Meetings

Section 3 2013 Courses and Conferences

Course	Vail Hip Course
Description	Recognised to be one of the premiere courses in Hip Arthroscopy
Lead Organiser	Marc Philippon
Date	January 2013
Location	Vail, Colorado, USA
Corse Fee	TBA
Contact Details	TBA

Course	1st International winter hip course
Description	For this 1st International Val d'Isère Winter Hip Course, we have assembled a distinguished international faculty to provide lectures on current trends in modern hip surgery. Areas of focus include: Conservative Hip Surgery. Hip Arthroscopy : both intra articular and extra articular pathology. Hip Arthroplasty : issues with different surface bearings-tribology, different types of arthroplasty and emerging designs. Minimal Invasive Hip Surgery. Future trends.
Lead Organiser	Hassan Sadri & Thierry Boyer
Date	13-16 February 2013
Location	Val d'Isère, France
Corse Fee	500 euros before November 30 2012. 600 euros from December 1 2012
Contact Details	www.hip-course.com

Course	Santander Hip Meeting
Description	The management of hip injuries in athletes has evolved significantly in the past few years with the advancement of arthroscopic techniques. The application of minimally invasive surgical techniques has facilitated relatively rapid returns to sporting activity in both recreational and elite athletes. English and Spanish (Simultaneous translation)
Lead Organiser	Dr. Luis Perez Carro & Dr. Pau Golan
Date	February 21-22 2013
Location	Palacio De La Magdalena, Santander Spain
Corse Fee	€570
Contact Details	www.santanderhipmeeting.com

Forthcoming Hip Arthroscopy Meetings

Section 3 2013 Courses and Conferences

Course	Hip Arthroscopy: To the cutting edge...without falling off
Description	This will be the second annual Hip Arthroscopy symposium at the 2013 AAOS annual meeting. The symposium is being co-branded by AANA (Arthroscopy Association of North America).
Lead Organizer	Dean K. Matsuda, MD
Date	March 2013
Location	Chicago, Illinois, USA
Corse Fee	Included in AAOS registration fee
Contact Details	www.aaos.org

Course	West Coast Hip Symposium
Description	TBA
Lead Organizer	Arthrex
Date	April 13-14 2013
Location	Newport Beach, California, USA
Corse Fee	\$500
Contact Details	Arthrex.com

Course	International course on hip arthroscopy, joint preserving hip surgery and regenerative medicine applied to the hip joint.
Description	TBA
Lead Organizer	Giancarlo Polesello
Date	April 2013
Location	São Paulo, Brazil
Corse Fee	TBA
Contact Details	giancarlopolesello@hotmail.com

Forthcoming Hip Arthroscopy Meetings

Section 3 2013 Courses and Conferences

Course	1st SASHA International Congress
Description	First SASHA International Meeting is an opportunity for local and international delegates to get exposed to the field of hip arthroscopy and hip preservation procedures, to learn basics of the surgical principles and to be able to interact with invited international experts. Part of the meeting will be allocated to the rehabilitation as well as to the conservative approach to treatment of the hip and pelvis. Sports Physicians, Physiotherapists and Biokineticists with special interests in hip and pelvis sports injury treatments and rehabilitation, are encouraged to participate.
Lead Organiser	Dr J N Cakic
Date	2-3 May 2013
Location	Cape Town, South Africa
Corse Fee	3000SA Rand (€300)
Contact Details	www.sasha.org.za

Course	4th Update on Hip Arthroscopy
Description	Theory, basic and advanced skills + Cadaver course
Lead Organiser	Christoph Gebhart
Date	17-18 May 2013
Location	Vienna or Graz, Austria
Corse Fee	€600
Contact Details	www.asha.at

Course	<u>Hip Arthroscopy Decision Making Course</u>
Description	TBA
Lead Organizer	Prof T Board and Mr A Mohammed
Date	13 May 2013
Location	Wrightington, UK
Corse Fee	£300
Contact Details	www.lowerlimb.wrightington.com

Forthcoming Hip Arthroscopy Meetings

Section 3 2013 Courses and Conferences

Course	Cadaver Course of Hip Surgery
Description	TBA
Lead Organizer	Infanta Leonor University Hospital
Date	29-30 November 2013
Location	Madrid, Spain
Corse Fee	€500
Contact Details	TBA

Section 4 2014 Courses and Conferences

Course	Barcelona Hip Meeting
Description	The Barcelona Hip meeting is a biannual event. The next meeting will take place in June 2014.
Lead Organizer	Universitat Autònoma de Barcelona
Date	June 2014
Location	Madrid, Spain
Corse Fee	€450
Contact Details	http://www.barcelonahipmeeting.com

The Value of a Hip Arthroscopy Fellowship

Parminder Singh MBBS, MRCS, FRCS (Tr&Orth), MS

Consultant Orthopaedic Surgeon Maroondah Hospital.

Adjunct Senior Lecturer Monash and Deakin University, Melbourne, Australia

I was originally introduced to hip arthroscopy in 1997 during the early stages of my surgical training. Prior to my fellowship, like many, I had attended a couple of cadaveric hip arthroscopy courses run by Mr Richard Villar in the UK. I had also undertaken a handful of hip arthroscopies with surgeons in the capacity of an assistant during my orthopaedic registrar training in Oxford, UK. Sadly, I did not feel I had been adequately exposed or confident enough to undertake hip arthroscopy in my own practice once I completed my registrar training. In order to achieve this goal, I decided to undertake a hip arthroscopy fellowship.

My hip arthroscopy fellowship experience started in August 2008 and was completed in May 2009. This comprised six months in Melbourne, Australia with Mr John O'Donnell and four months at the Elective Orthopaedic Centre, Epsom, UK with Mr Richard Field.

During my fellowship in Melbourne, I was present for every pre-operative consultation, hip arthroscopy and all post operative review consultations. I learnt comprehensively how to assess a patient presenting with signs and symptoms of femero-acetabular impingement (FAI). I became familiar with the radiological interpretation of FAI, and its clinical relevance. My surgical exposure was comprehensive in terms of positioning the patient and obtaining adequate hip traction safely and reproducibly, gaining portal entry, assessing the central and peripheral compartments in a systematic manner and recognising normal variations and identifying pathology and undertaking the appropriate intervention.

This was the first time in my orthopaedic training that I had been exposed one of the world's

highest volume hip arthroscopy surgeons. I had not come across this level of expertise in hip arthroscopy during my excellent training as a specialist registrar.

At the end of my fellowship in Melbourne, having been involved in just over 300 hip arthroscopies during a period of six months, it became clear that I had gained an enormous level of knowledge and practical experience. I was able to start my second fellowship with Richard Field at the EOC in the UK in February 2009. I was undertaking solo hip arthroscopies with the knowledge I had an experienced hip arthroscopy surgeon in the adjacent theatre as my back up. Within a couple months my confidence had grown and I was taking on more and more challenging cases at the EOC. Each case was discussed at our pre-operative weekly surgical planning meeting. Within four months I was appointed into a locum consultant position and continued to gain more confidence. During my time at the EOC, I had undertaken 50 independent hip arthroscopies.

The combination of my fellowship experience with John O'Donnell, Richard Field and time as a locum consultant at the EOC, placed me in a position to safely undertake hip arthroscopy in my substantive position was a consultant in Melbourne, Australia in July 2010.

I am certain that my hip arthroscopy fellowships formed an essential part of my training in order to provide the best standard of care to my patients. I would recommend a fellowship unreservedly for any surgeon considering undertaking hip arthroscopy.

Hip Arthroscopy Fellowships

Giles Stafford

Asia

Armenia

Name: Ruben Galstyan

Description: 90-100% Hip Surgery

Number taken per year: 1

Next available Fellowship: Nov 2012

Fellow(s) annual salary: TBA

Other benefits: TBA

Contact information:

galstyanrubash@yahoo.com

Austria

Name: Christoph Gebhart

Description: 90-100% Hip Arthroscopy

Number taken per year: 2

Next available Fellowship: Sept 2012

Fellow(s) annual salary: TBA

Other benefits: TBA

Contact information: 1 month ASHA fellowship in Vienna Austria post personal settlement via mail to president@asha.at or Vienna as part of the AGA hip arthroscopy fellowship via application to www.aga-online.de/

Australasia

Australia

Name: Jit Balakumar

Description: 90-100% Joint Preserving Hip Surgery

Number taken per year: 1

Next available Fellowship: Sept 2013

Fellow(s) annual salary: A\$45000

Other benefits: Courses

Contact information:

jit.balakumar@me.com

Name: John O'Donnell

Description: 90-100% Hip Surgery

Number taken per year: 2

Next available Fellowship: Jan 2015

Fellow(s) annual salary: A\$50000

Other benefits: Attend courses

Fellowships are for 6 months

Contact information: Gail-admin@johnodonnell.com.au

, fellowships@johnodonnell.com.au

Europe

France

Name: Frederic Laude

Description: 90-100% Hip Surgery

Number taken per year: 1

Next available Fellowship: Sept 2012

Fellow(s) annual salary: €4000

Other benefits: TBA

Contact information: flaude@mac.com

Germany

Name: Jochen Müller-Stromberg

Description: 90-100% Hip Surgery

Number taken per year: 1

Next available Fellowship: Oct 2012

Fellow(s) annual salary: No salary

Other benefits: Free accommodation

Contact information:

j.mueller-stromberg@gk-bonn.de

Ireland

Name: Patrick Carton

Description: 90-100% Hip Surgery

Number taken per year: 1

Next available Fellowship: Apr 2013

Fellow(s) annual salary: €60000

Other benefits: Costs incurred; preparation, presentation of papers, travel and accommodation

Contact information:

jacinta.osullivan@whitfieldclinic.ie

Italy

Name: Andrea Fontana

Description: 90-100% Hip Arthroscopy

Number taken per year: 1

Next available Fellowship: Mar 2013

Fellow(s) annual salary: €30000

Other benefits: TBA

Contact information:

dr.andreafontana@libero.it

Hip Arthroscopy Fellowships

Giles Stafford

Spain

Name: Luis Pérez Carro
Description: 90-100% Lower Limb Surgery
Number taken per year: 1
Next available Fellowship: Jan 2014
Fellow(s) annual salary: €1000
Other benefits: TBA
Contact information: lpcarro@gmail.com

Name: Eric Margalet
Description: 90-100% Hip Arthroscopy
Number taken per year: 1
Next available Fellowship: Jan 2013
Fellow(s) annual salary: TBA
Other benefits: TBA
Contact information: institutmargalet@gmail.com

Name: Manuel Ribas
Description: 90-100% Hip Surgery
Number taken per year: >3
Next available Fellowship: Jan 2014, Jul 2014
Fellow(s) annual salary: About €1000 Per. Month
Other benefits: Courses, Cadaver labs, participation in publications
Contact information: Through University Administration, Manelribas@HARDMICRO.net

UK

Name: Tony Andrade
Description: 90-100% Lower Limb Surgery
Number taken per year: 1 - Take part in trauma on call rota 1:12.
 Parallel operating lists to supervising consultant every week, as well as lists with the supervising consultant.
Next available Fellowship: Aug 2012
Fellow(s) annual salary: Dependent on seniority
Other benefits: Hospital accommodation available. Opportunity for ongoing clinical research with three different surgical databases
Contact information: Tom Pollard - tcbpollard@hotmail.com, Andy Jones - andymhjones@hotmail.com

Name: Tim Board
Description: 90-100% Hip Surgery
Number taken per year: 1
Next available Fellowship: Aug 2013
Fellow(s) annual salary: £40000
Other benefits: Accommodation available on Hospital Campus. Significant exposure to all hip surgery including complex primary and revision arthroplasty. Participation in research and presentation at meetings is mandatory. There is likely to be opportunity to participate in course also.
Contact information: Carol Platt, Secretary to Prof T Board, carol.platt@wwl.nhs.uk, +44 (0)1257 256477

Name: Max Fehily
Description: 90-100% Hip Surgery
Number taken per year: 2 – part of the Northwest Deanery. It may be accessed via an out of program attachment
Next available Fellowship: Aug 2013 - This fellowship is currently for year ST7 or 8.
Fellow(s) annual salary: Spr Salary as per year of training
Other benefits: Standard study leave and Hip Arthroscopy courses
Contact information: Angela (secretary) 01204-390438 or maxfehily@btinternet.com

Name: Damian Griffin
Description: 90-100% Joint Preserving Hip Surgery
Number taken per year: 1
Next available Fellowship: Jan 2012 Jul 2012
Fellow(s) annual salary: approx £40000
Other benefits: A variety of cadaveric courses and symposia, as well as visits to other surgeons.
Contact information: julie.hall@warwick.ac.uk, +44 2476 968618

Hip Arthroscopy Fellowships

Giles Stafford

Name: Vikas Khanduja
Description: 90-100% Lower Limb Surgery
Number taken per year: 1
Next available Fellowship: Aug 2014
Fellow(s) annual salary: £35000
Other benefits: 1 course every 6 months
Contact information: Vk279@cam.ac.uk

Name: Vikas Khanduja
Description: 90-100% Lower Limb Surgery
Number taken per year: 3
Next available Fellowship: Jan, May and Sept 2013
Fellow(s) annual salary: No salary
Other benefits: Opportunities for Research in Cambridge
Contact information: vikaskhanduja@aol.com

South America

Argentina

Name: Ortega Traverso Jorge
Description: 90-100% Hip Surgery
Number taken per year: 1
Next available Fellowship: Mar 2013
Fellow(s) annual salary: 24000 pesos Argentinos
Other benefits: TBA
Contact information: jaortega@ciudad.com.ar

Brazil

Name: Marcelo Godoi Cavalheiro
Description: 90-100% Hip Arthroscopy
Number taken per year: >3
Next available Fellowship: Jan 2013
Fellow(s) annual salary: No Salary
Other benefits: None ('They just following me?')
Contact information: Andrey Sorrilha / 55-11-8326 2928 / andreysorrilha@yahoo.com.br

Name: Giancarlo Polesello
Description: 90-100% Hip Surgery
Number taken per year: >3
Next available Fellowship: Feb 2013
Fellow(s) annual salary: No Salary
Other benefits: None
Contact information: giancarlopolesello@hotmail.com

Chile

Name: Claudio Mella
Description: 90-100% Hip Surgery
Number taken per year: 1
Next available Fellowship: May 2013
Fellow(s) annual salary: US\$1500
Other benefits: Financial support to academic and scientific activities
Contact information: cmella@alemana.cl

Name: Dante Parodi
Description: 90-100% Hip Arthroscopy
Number taken per year: 1
Next available Fellowship: May 2013
Fellow(s) annual salary: US\$1500
Other benefits: courses, accommodation
Contact information: eduardosauthier@gmail.com

Name: Matías Salineros
Description: 90-100% Hip Surgery
Number taken per year: >3
Next available Fellowship: Apr 2013
Fellow(s) annual salary: US\$ 25000
Other benefits: Courses
Contact information: Msalineros@clc.cl

Name: Mariano Perez Yañez
Description: 90-100% Joint Preserving Hip Surgery
Number taken per year: 1
Next available Fellowship: Mar 213
Fellow(s) annual salary: No Salary
Other benefits: courses
Contact information: mapy68@gmail.com, 56-9-95474370, 56-055-479707

Colombia

Name: Bernardo Aguilera
Description: 90-100% Hip Surgery
Number taken per year: 1
Next available Fellowship: Mar 2013
Fellow(s) annual salary: No Salary
Other benefits: Opportunity to be a paid surgical assistant. Cadaver hip arthroscopy course
Contact information: Andres Felipe Aranzazu: andres_aranzazu@hotmail.com, cell phone +57 300 6097687 COLOMBIA, Jose Felix Castillo : jose_felix15@yahoo.com, PANAMA

Members' Suggestions & News

Vikas Khanduja

Suggestions

William Soltau Dani: Would like to have published articles related to Hip Arthroscopy, especially with discussions, which are coherent and evidence-based.

Hassan Sadri: This section could consist of details of new appointments in your team. Papers, chapters or books that have been published in the last few months. Interesting achievements by you or other ISHA members. Also important publications that can modify our practice.

Victor M. Ilizaliturri Jr suggests inclusion of Technology Reviews.

James S. Keene suggests each year that we list hip arthroscopy trained fellows that are looking for positions.

Mahalingam suggests some more information on mini open arthrotomy of hip.

Bataillie Filiep: Suggests that a database of surgeons who are willing to take on visitors for a few days or a week with their contact details should be established.

Christoph Gebhart: Please let us evaluate the anticipated requirement of an ISHA Hip Arthroscopy database! This could work as an anonymous library where every participant can detect the mainstream therapies.

Nigel Kiely: Wishes inclusion of papers, upcoming trials, medico-political i.e. coding and finances for hip scopes.

Manuel Ribas: Papers, and chapter's of/or books that have been published in the last few months to be considered as relevant to the ISHA community. Summarised highlights of recent courses or events with the participation of ISHA members. Common linkage between our respective websites.

Jonathan Howell: News of courses that ISHA feel are suitable. News of fellowships that I could pass on to my trainees. A summary of key points from the Annual meeting.

Wettstein: New members, new instruments and Address changes of members.

Amkir Takla: "It would be great to involve physiotherapy rehabilitation protocols as we have been working very hard over the past 6 years to fine tune out program/protocol. I feel that we have reached a stage by which we can almost finalise rehabilitation by 12 - 14 weeks".

Michael Dienst wishes to include ISHA Dues, Payment methods for ISHA Dues, New Secretary, Information about the current board work and Information on what is going on in each continent.

Arash Nabavi Tabrizi: Would be interested to see new equipment and its application.

Arturo Fernandez: I think something important in these newsletters are papers on topics of hip pathologies that currently are not widely developed, such as hip arthroscopy for the release of the sciatic in the pyriformis syndromes.

Bernardo Aguilera suggests that for them is very important to publish the initiation of the Cadaver Course in Hip Arthroscopy in Spanish because this would help expansion of hip arthroscopy in South America.

Jason Brockwell suggests inclusion of Coding and reimbursement and Technical pearls.

Allan R Dunn MD: Allan R Dunn MD studied hip dislocation surgery in Zurich May 2012. The purpose is to be able to grind away the medial osteophyte that subluxates the femoral head causing intense pressure at the edge of the acetabulum; and to reduce the hip joint and restore the normal alignment of the joint. Hip arthroscopy cannot do this. ISHA should include Ganz's hip dislocation surgery and not be completely focused on scoping. ISHA should include treatment for osteoarthritis in addition to athletic injuries.

Members' Suggestions & News

Vikas Khanduja

News

Max Fehily and his team from Royal Bolton, UK have had presentations at BOA Dublin and BHS Manchester with publications in Hip international amongst others.

Damian Griffin: The International Hip Outcome Tools (iHOT-12 and iHOT-33) were published in the May Issue of Arthroscopy. These are the culmination of several years work by an international collaboration (MAHORN) to develop a much better instrument for measuring outcome after hip arthroscopy and other hip joint preserving surgery. iHOT-12 is ideal for routine use in practice; iHOT-33 has advantages for formal research. Many members of ISHA are already using them, and others are translating them into various languages. The translated and validated versions will be published on the ISHA website as they become available.

Tony Andrade: The hip arthroscopy service at the Royal Berkshire NHS Foundation Trust in Reading, UK, has expanded with the appointment of Tom Pollard as a locum consultant in January 2012. The service now has two high volume hip arthroscopists, and two specialist physiotherapists who see patients pre- and post-operatively. The physiotherapists run specialist hip classes for the postoperative patients, which also include hydrotherapy sessions.

Nicolas Bonin: Dr T. Boyer and O. May are organizing an arthroscopic hip surgery practical course on cadaver with the support of a distinguished European faculty (Dr N. Bonin, M. Dienst, J.E. Gedouin, H. Sadri and M. Wettstein). This course will be held at the EITS-IRCAD Strasbourg France during 2012, Dec 18 - 19.

Brett Cascio: Series of patients with psoas impingement & labrum tears from 3 tertiary referral centres was presented as Eposter at AANA 2012. Co-authors David King and Beng Yen.

JN Cakic – Chuck: SASHA (South African Society for Hip Arthroscopy) plans to organize a cadaver workshop twice a year. (Hopefully starting with the first one in September 2012) as a part of the national accreditation program. SASHA also plans to establish a travelling fellowship where a chosen young qualified Orthopaedic surgeon will have an opportunity to visit and work with different hip arthroscopy surgeons in RSA. Establishing close relationship with other national societies, SASHA will work on expanding this fellowship program beyond South African borders.

Joseph C. McCarthy M.D. is hosting the ISHA Annual Meeting in Boston, USA Sept.27-29, 2012.

Parminder Singh has published a chapter on Hip arthroscopy in the Oxford textbook of orthopaedic and trauma surgery.

Robert Klapper MD: Dr. Robert Klapper in Los Angeles and ESPN are expanding his radio show Weekend Warrior. The popular program will be featuring Hip Arthroscopy this upcoming NFL season.

Sanjeev Madan published in the Br J Sports Med online version on Outcomes of hip arthroscopy. A prospective analysis and comparison between patients under 25 and over 25 years of age. A Cooper, S Z Basheer, R Maheshwari, L Regan, S S Madan.

DEuk-Soo Hwang conducted the 5th Cadaver workshop on Hip arthroscopy & 5th CNUH Hip symposium on August 17-18th, 2012 at Chungnam National University Hospital, Daejeon in Korea.

John O'Donnell and his team have started collaborative research projects with both Melbourne University and Bond University, involving randomised trials and longitudinal studies of Professional Australian Footballers. They are also undertaking new Lig Teres studies including clinical outcome of novel treatments, radiology and anatomical groups, partly in cooperation with Hal Martin. They also have very active physiotherapy collaboration as well.

Vikas Khanduja was awarded the 'Arnott Lecturer' by the Royal College of Surgeons of England for 'Arthroscopic Anatomy of the Hip Joint'.

His team has also published two important papers on radiation dose and navigated HA recently:

1. Audenaert E, Smet B, Pattyn C, Khanduja V. Imageless versus image-based registration in navigated arthroscopy of the hip: a cadaver-based assessment. J Bone Joint Surg Br. 2012 May; 94(5): 624-9.
2. Budd H, Patchava A, Khanduja V. Establishing the radiation risk from fluoroscopic-assisted arthroscopic surgery of the hip. Int Orthop. 2012 May 17. They are also collaborating with University of Ghent to study the kinematics and FEA of patients with FAI.

Patrick Carton: The Hip and Groin Clinic, Ireland has appointed a new clinical practitioner, Orlagh O'Shea, who now oversees the role of clinical outcome data collection. Orlagh is a qualified chartered physiotherapist with an interest in sports injury. The Hip and Groin Clinic, Ireland has held its 2nd Sports Hip and Groin Symposium in Waterford City, June 2012. The symposium was attended by over 90 sports medicine doctors and physiotherapists representing many of the main sports in Ireland including GAA (football and hurling), soccer, rugby and athletics. International speakers included Mr. Jerry Gilmore, UK, (Gilmore's Groin) and Srino Bharam, USA, (CAM impingement). Mr. Patrick Carton, Ireland (course convenor) presented his experience and results on Labral Repair and Pincer impingement. A very successful meeting was enjoyed by all."