

# INTERNATIONAL SOCIETY FOR HIP ARTHROSCOPY

# 2009 Annual Scientific Meeting

## FRIDAY/SATURDAY, OCTOBER 9-10

## THE ROOSEVELT HOTEL • NEW YORK CITY

### Conference Location

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The Roosevelt Hotel | 45 East 45th Street at Corner of Madison Avenue | New York, NY 10017 | USA

### Overview

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This meeting is the first in an annual series of major scientific meetings planned by the International Society for Hip Arthroscopy (ISHA). The inaugural meeting will focus on the rapidly changing field of arthroscopic hip surgery, specifically current research and outcomes data associated with both common and new procedures. The international faculty is widely experienced in hip arthroscopic surgery and able to provide the very latest thoughts and ideas in this field. The paper presentations will encourage original research in hip arthroscopy and an improved understanding of techniques used in this challenging surgery.

### Target Audience

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This activity is targeted to ISHA members, orthopaedic surgeons, residents and trainees, fellows, sports physicians, orthopaedic physicians, physiotherapists and physical therapists.

### Learning Objectives

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HSS activities are intended to improve the quality of patient care and safety. After attending this course, participants should be able to:

- Measure and discuss diverse outcomes and their relevance to clinical practice
- Implement clinical evaluation and investigation tools for patients with early hip disease
- Describe arthroscopic anatomy of the hip joint and its relevance to safe arthroscopic procedures
- Manage post-op results using current developments in arthroscopic and impingement surgery
- Discuss and apply current research findings

### Accreditation

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This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Hospital for Special Surgery and the International Society for Hip Arthroscopy.

Hospital for Special Surgery designates this educational activity for a maximum of **10.5 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The AMA has determined that physicians not licensed in the United States but who participate in this CME activity are eligible for **AMA PRA Category 1 Credits™**.



# 2009 Annual Scientific Meeting

## Program Agenda

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### ■ Friday October 9, 2009

#### Pre-Conference Programming

- 8:00 am                    **ISHA Executive Committee Meeting** (Committee Members Only)  
10:00 am                    **ISHA Annual General Meeting** (ISHA Members Only)

#### General Education Program - ISHA Scientific Meeting

- 12:00 pm                    **Lunch & Registration**

#### Symposium I - Anatomy and Access

- 1:00 pm                    **Arthroscopic Anatomy of the Hip Joint and Anatomical Variants**  
Michael Dienst, MD  
1:10 pm                    **Safe Arthroscopic Access to the Hip Joint – Supine or Lateral**  
Victor M. Ilizaliturri, Jr., MD  
1:20 pm                    **Discussion**  
Thomas G. Sampson, MD

#### Symposium II - Diagnosis, Imaging Techniques and Indications

- 1:30 pm                    **History and Physical Evaluation of Early Hip Disease**  
Marc R. Safran, MD  
1:40 pm                    **Introduction to Imaging of the Hip Joint**  
Robert L. Buly, MD  
1:50 pm                    **Magnetic Resonance Imaging of the Hip Joint**  
Hollis G. Potter, MD  
2:00 pm                    **Discussion**  
Joseph C. McCarthy, MD

#### ISHA Lecture 2009

- 2:20 pm                    **The History of Hip Arthroscopy – A Personal View**  
James Glick, MD

#### Research Paper Session Block 1 – Adult Arthroscopy

Moderator: Thierry Boyer, MD

- 2:50 pm                    **Decreased Femoral Head-Neck Offset: A Possible Risk Factor for ACL Injury:  
A Radiographic Correlation Study**  
Marc J. Philippon, MD, Christopher Dewing, MD, J. Richard Steadman, MD,  
Karen K. Briggs, MPH, Connor Hay, BS  
2:57 pm                    **Membrane Induced Chondroplasty in the Hip**  
Andrea Fontana, MD, Alessandro Bistolfi, MD

# 2009 Annual Scientific Meeting

## Program Agenda

### ■ Friday October 9, 2009, continued

- 3:04 pm            **The Arthroscopic Treatment of Cam Type Femoroacetabular Impingement: Minimum Two-Year Follow-up**  
Robert L. Buly, MD, R. Frank Henn, III, MD, Luis Moya, MD, Jonathan Zelken, MD, Bryan T. Kelly, MD
- 3:11 pm            **Arthroscopic Suture of Labral Tears – Clinical Results up to Four Years**  
Eva Kraus, MD, Hassan Sadri, MD
- 3:18 pm            **Arthroscopic Treatment of Femoroacetabular Impingement in Patients Over Sixty Years Old: Preliminary Report of a Pilot Study**  
Rodrigo Mardones, Fernando Nemtala, Victor Barrientos
- 3:25 pm            **Heterotopic Ossification After Hip Arthroscopy for Femoroacetabular Impingement**  
F. Randelli, L. Banci, V. Ragone, Robert L. Buly, MD
- 3:32 pm            **Discussion**
- 3:45 pm            **Break**

### Research Paper Session Block 2 – Hip Impingement

Moderator: John O'Donnell, MB BS, FRACS

- 4:00 pm            **FAI: Controversies in Diagnosis and Treatment**  
Joseph C. McCarthy, MD
- 4:07 pm            **The Development and Reliability of a Quality of Life Hip Outcome Measure for Young Active Patients**  
Nicholas Mohtadi, MD, MSc, FRCSC, Elizabeth Pedersen, MD, FRCSC, Denise Chan, MSc, Jocelyn Hines, BSc
- 4:14 pm            **Long-term Results of Hip Arthroscopy for Labral Tears, Predictors of Outcomes**  
Morteza Meftah, MD, Jose A. Rodriguez, MD, Michael M. Alexiades, MD
- 4:21 pm            **External Snapping Hip Syndrome: Results of Endoscopic Iliotibial Band Release**  
Raul Zini, MD, Marco Bigoni, MD, Daniele Munegato, MD, Andrea Carraro, MD, Massimo De Benedetto, MD, Giovanni Grano, MD, Davide Molisani, MD, Giovanni Zatti, MD
- 4:28 pm            **THE POD CT SCAN - A Better Way to Demonstrate FAI and Early Hip Degeneration**  
Parminder J. Singh, MB BS, MRCS, MS, FRCS (Tr&Orth), Michael G. Pritchard, BMed Sci, MB BS (Hons) FRACS, John M. O'Donnell, MB BS, FRACS
- 4:35 pm            **3D Computer Tomography Video Evaluation in Hip Impingement**  
Christoph G. Gebhart, MD, Madeleine E. Kraus, Andreas Jeitler, Karin Vescei
- 4:42 pm            **Discussion**

### Research Paper Session Block 3 – Articular Cartilage

Moderator: Michael Dienst, MD

- 4:55 pm            **Relationship Between Covering Angle and Type of Arthroscopic Hip Procedure**  
Claudio Rafols, MD, Julio Botello, MD
- 5:02 pm            **Strains Within the Intact Acetabular Labrum During Passive Range of Motion**  
Marc R. Safran, MD, Giovanni Giordano, MD, Derek P. Lindsey, Garry Gold, MD, Stefano Zaffagnini, MD

# 2009 Annual Scientific Meeting

## Program Agenda

- 5:09 pm **Effect of Acetabular Labral Tears and Resection on Labral Strain During Passive Hip Range of Motion**  
Marc R. Safran, MD, Giovanni Giordano, MD, Derek P. Lindsey, Garry Gold, MD, Stefano Zaffagnini, MD
- 5:16 pm **Treatment of Labral Tears Associated with Femoroacetabular Impingement: Labral Repairs versus Labral Resection**  
Ernest Schilders, MD, Quamar Bismil, MD, Alexandra Dimitrakopoulou, MD, Joseph Charles Talbot, MD
- 5:23 pm **Goal of Bony Resection in Femoral-Acetabular Impingement: A 3D CT Anatomic Study**  
Yongnam Song, Marc R. Safran, MD, Nicholas J. Giori, MD
- 5:30 pm **Discussion**
- 5:40 pm **Master Lecture**  
The Concept of Femoroacetabular Impingement  
Thomas G. Sampson, MD
- 6:10pm-7:30pm **Reception**

### ■ Saturday, October 10, 2009

- 7:30 am Breakfast

### Symposium III - Surgical Techniques in Hip Arthroscopy

- 8:00 am **Acetabular Rim Pathology**  
Marc J. Philippon, MD
- 8:10 am **Cam-Type Femoroacetabular Impingement**  
John O'Donnell, MB BS, FRACS
- 8:20 am **Extra-Articular Techniques**  
Bryan T. Kelly, MD
- 8:30 am **Discussion**  
Richard N. Villar, MD, FRCS
- 8:40 am **The Patient for Arthroscopic FAI Decompression (Case Review)**  
Giancarlo Pollesello, MD
- 8:50 am **The Patient for Open FAI Decompression (Case Review)**  
Michael Dienst, MD
- 9:00 am **Hip Instability and Adhesive Capsulitis**  
J.W. Thomas Byrd, MD
- 9:10 am **Discussion**  
Marc J. Philippon, MD
- 9:20 am **Synovial Disease**  
Thierry Boyer, MD
- 9:30 am **Arthroscopy in Developmental Dysplasia of the Hip**  
Joseph C. McCarthy, MD
- 9:40 am **The Role of Arthroscopy in Traumatic Hip Disease**  
Bryan T. Kelly, MD

# 2009 Annual Scientific Meeting

## Program Agenda

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### ■ Saturday, October 10, 2009

9:50 am                    **Computerized 3D ROM for Planning in Arthroscopy & Osteotomy**  
Robert L. Buly, MD

10:00 am                    **Discussion**  
Hassan Sadri, MD

10:20 am                    **Break**

#### **2009 ISHA Trainee Paper Session Block 1**

Moderator: J.W. Thomas Byrd, MD

10:50 am                    **The ISHA Trainee Presentation Prize: What Does It Mean To Us?**  
Richard N. Villar, MD, FRCS

10:57 am                    **Anterior Instability of the Hip – A Cadaveric Study**  
Caroline M. Blakey, MRCS, Richard E. Field, PhD, FRCS, FRCS (Orth)

11:04 am                    **Prediction of Intra-Operative Arthroscopic Hip Findings with  
Computed Tomography**  
Benton E. Heyworth, MD, Mark Dolan, MD, Joseph Nguyen, MPH, Neal Chen, MD,  
Bryan T. Kelly, MD

11:11 am                    **Bilateral Hip Arthroscopy: Demographic Data, Intra-Operative Findings &  
Post-Operative Outcomes**  
Benton E. Heyworth, MD, Sommer Hammoud, MD, Bryan T. Kelly, MD,  
Joseph Nguyen, MPH

11:18 am                    **Discussion**

#### **2009 ISHA Trainee Paper Session Block 2**

Moderator: Joseph C. McCarthy, MD

11:40 am                    **Localized Cartilage Assessment with dGEMRIC in Subjects with Normal and  
Cam Morphology: An Assay of Early Disease**  
T. C. B. Pollard, E. G. McNally, D. C. Wilson, B. Maedler, D. R. Wilson,  
M. Watson, A. J. Carr

11:47 am                    **Genetic Influences in the Aetiology of Femoroacetabular Impingement:  
A Sibling Study**  
T. C. B. Pollard, Richard N. Villar, MD, FRCS, M. R. Norton, E. D. Fern,  
M. R. Williams, D. W. Murray, A. J. Carr

11:54 am                    **Risk Factors for Intra-Articular Adhesions Following Hip Arthroscopy**  
Bruno Gonçalves Schröder e Souza, MD, Marc J. Philippon, MD,  
Karen K. Briggs, MPH

12:01 pm                    **Sports Test: An Objective Method to Assess the Ability to Return to  
Sports After Hip Arthroscopy**  
Bruno Gonçalves Schröder e Souza, MD, Marc J. Philippon, MD,  
Karen K. Briggs, MPH, Michael S. Wahoff PT, SCS

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### ■ Saturday, October 10, 2009

12:08 pm                    **Evaluating Embolic Activity During Hip Arthroscopy Utilizing Transesophageal Echocardiography**  
Matthew Wert, MD, Barry Segal, MD, Lee Zank, MD, Kaitlin Ross, Marc J. Philippon, MD, Srino Bharam, MD

12:15 pm                    **Discussion**

12:30 pm                    **Lunch**

### **Symposium IV - Outcomes**

Moderator: Marc J. Philippon, MD

2:00 pm                    **The Use of Outcome Measurements in Hip Arthroscopy**  
Karen K. Briggs, MPH

2:15 pm                    **Clockface Zones - Where Are We?**  
Victor M. Ilizaliturri, Jr., MD

2:30 pm                    **Views of the MAHORN Group**  
Marc R. Safran, MD

2:45 pm                    **Panel Discussion – Which Outcome Measure(s) to Use?**  
Karen K. Briggs, MPH, Victor M. Ilizaliturri, Jr., MD, Joseph C. McCarthy, MD, Nick Mohtadi, Bryan T. Kelly, MD, Marc J. Philippon, MD, Marc R. Safran, MD, Richard N. Villar, MD, FRCS

3:10 pm                    **Complications of Hip Arthroscopy**  
Richard N. Villar, MD, FRCS

3:40 pm                    **Technology Review of the Latest Technology and Gadgets for Hip Arthroscopy**  
Hassan Sadri, MD

4:00 pm                    **Award of the 2009 ISHA Trainee Presentation Prize**

4:20 pm                    **Adjourn Program**

# 2009 Annual Scientific Meeting

## Co-Activity Directors

### Thierry Boyer MD

Rheumatologist,  
Hôpital Bichat  
Past President, SFA  
(French Arthroscopy Society)  
Paris, France

### Robert L. Buly, MD

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Associate Professor  
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### Victor M. Ilizaliturri, Jr, MD

Chief of Adult Joint  
Reconstruction Hip and Knee  
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Mexico City, Mexico

### Richard N. Villar, MS, FRCS

Consultant Orthopaedic  
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## Faculty

### Karen K. Briggs, MPH

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### JW Thomas Byrd, MD

Nashville Sports Medicine  
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Nashville, TN, USA

### Michael Dienst, MD

Associate Professor  
University Hospital  
Homburg/Saar, Germany

### James M. Glick, MD

Clinical Professor  
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Orthopaedic Surgery  
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### Bryan T. Kelly, MD

Assistant Attending  
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### Joseph C. McCarthy, MD

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Orthopedic Surgery  
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### Nick Mohtadi, MD

Clinical Professor  
Co-Director Sports  
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### John M. O'Donnell, MBBs, FRACS, FAOrthA

Chairman  
Division of Orthopaedics  
Mercy Private Hospital  
Melbourne, Australia

### Marc J. Philippon, MD

Managing Partner  
Steadman Hawkins Clinic  
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### Giancarlo Polesello, MD

Founding Member of ISHA  
Santa Casa de São Paulo,  
Brazil

### Hollis G. Potter, MD

Chief, Division of Magnetic  
Resonance Imaging  
Attending Radiologist  
Associate Scientist  
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Director of Research  
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### Hassan Sadri, MD

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Consultant Orthopedic  
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Orthopedic Surgery and  
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### Marc R. Safran, MD

Professor, Department of  
Orthopedic Surgery  
Associate Director  
Sports Medicine  
Stanford University  
Stanford, CA, USA

### Thomas G. Sampson, MD

Medical Director  
Total Joint Center  
Saint Francis Memorial  
Hospital  
Medical Director  
Hip Arthroscopy at Post Street  
Surgery Center  
San Francisco, CA, USA

## Program Coordinators

### Dismayra Martinez, PA, MA

Program Coordinator  
Education Division  
Hospital for Special Surgery  
New York, NY, USA

### Megan Skelly

International Learning and Training Center Coordinator  
Education Division  
Hospital for Special Surgery  
New York, NY, USA

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## Faculty Disclosure

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## Accommodations

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A discounted room block has **not** been secured for this program. For room availability at The Roosevelt Hotel call 888.833.3969 or visit their website at [www.theroosevelthotel.com](http://www.theroosevelthotel.com)

## Transportation

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**Airport:** LaGuardia (LGA) is 8 miles northeast of the city. Kennedy International (JFK) is 15 miles southeast of the city. Newark International (EWR) is 16 miles southwest of the city.

**Taxi:** Approximate rates from LaGuardia to midtown Manhattan is \$28; from JFK: \$40; from Newark: \$43 plus tolls and gratuity.

**Bus:** Express bus services is available from all major airports. Please inquire at the airport information desk across from the luggage area for details.

**Subway:** Service is available from JFK airport into Manhattan via the "A" express train. Please inquire at the airport information desk for more details.

**Car:** Valet parking available at The Roosevelt Hotel.

**Parking:** Parking garages are located in the area.

## Registration Information

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To register online, visit our website at [www.hss.edu/cme-calendar.asp](http://www.hss.edu/cme-calendar.asp)

- ISHA Members: \$525 USD
- Non-members: \$675 USD
- In Training: \$400 USD

For additional information please contact:

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